

## Using EMRT for balance and performance Treated by Practitioner Karen Eastham

I asked Karen to use Equine Muscle Release therapy on one of the young horses that I had on my yard who had developed a tightness in the shoulder and back which was effecting their performance. I had heard of EMRT via a well respected Horse handler who had told me that the treatment would help to improve suppleness and balance.

I was immediately impressed with how quickly my young horse regained their range of movement and relaxation both during and after treatment.

The effect of treatment continued to last and the horse returned to work with improvement of balance and suppleness in his performance both at home and at competitions..

EMRT treatments have benefited our horses and ponies, both in acute cases and as a maintenance treatment to keep our horses supple and relaxed in their work, relieving them of any underlying muscular problems that may be detrimental to their well being and performance. Karen's depth of understanding, expertise, sensitivity and intuitive treatment of our horses and ponies ever since has been and remains an invaluable and unique therapy.

*Gill Jolley / Dressage Ponies UK*



Top Yellow



